

Working together for siblings



Supply concept

GeschwisterCLUB: A care concept on its way to financing

The name “GeschwisterClub” („SiblingCLUB“) stands for the care concept developed by the ISPA and the Verbund für Geschwister (Association for Siblings) and is supported by FamilyTies with various, needs-oriented offers for the support of siblings. The two modules SuSi and GeschwisterTREFF „Now it's my turn!“ are already reimbursed by three health insurance companies of the AOK and the IKK classic.



Questions to **Andreas Podeswik, Head of the ISPA**, on the evaluation, strategy and future of the GeschwisterClub as a transferable care model.

What are the prerequisites for the reimbursement of the SuSi and GeschwisterTREFF certified prevention courses?

Andreas Podeswik: The prerequisites for prevention offers in Germany were defined by the top association of the statutory health insurance funds, which issued the guidelines for prevention. This requires that the implementing specialists have a suitable basic qualification. These are, above all, studies from the psychosocial field, such as, Social Work, Pedagogy and Psychology. In addition, a training must have carried out to be refunded. For the siblings CLUB we offer the advanced training „specialist for siblings“. The participants receive the trainers' instruc-

tion for SuSi and GeschwisterTREFF. Furthermore, the participants have to carry out the standardized courses according to the practice books.

What does this look like? Who can you turn to?

Andreas Podeswik: The process of the reimbursing of the courses varies from health insurance to health insurance. The providers should ask the siblings local health insurance funds on the respective billing process.. All in all, we are at your disposal for any questions regarding the structure of the SiblingCLUBs and we would be happy to advise you.

What kind of health insurance funds do regularly reimburse the certified offers SuSi and GeschwisterTREFF „Now it's my turn!“ and how is that handled with the other?

Andreas Podeswik: Because the SuSi and GeschwisterTREFF courses are recognized and certified by the Central Prevention Center, each health insurance fund can provide a subsidy for its insured persons according to §20 SGB V. However, the amounts are not very high and will barely cover the entire cost of the course. This is because high-quality psychosocial care for siblings is not comparable to normal health courses. Siblings are often accustomed to stand in the background. Here it takes a corrective experience that they make in our offers. This requires human resources. However, there are al-

Editorial

Ladies and gentlemen, dear friends of Family Ties,

Refinancing of siblings' offers by health insurance funds is a top subject for many institutions. According to the current FamilyTies online-survey among you, our network partners, 75% of all offers are still financed through donations or participant fees. Only (or perhaps you can say „at least already“) 16% are reimbursed by the health insurance companies. You will find out how to do this and what you have to take into consideration as an institution.

We wish you an interesting reading and would be delighted to welcome you at the FamilyTies Expert Meeting “Sibling – child for a lifetime” on June 23 and 24 in Nuremberg.

Best regards

Together for siblings!



Irene von Drigalski
Managing Director
Novartis foundation
FamilyTies

ready the first health insurance funds that understand this and take the full course costs for the offers of the SiblingCLUBs. These include the IKK classic, the AOK Plus, the AOK Baden-Württemberg and the AOK North / East.

What is the reimbursement for individual institutions?

Andreas Podeswik: The pure sub- ▶

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for one part of the course the costs are taken over by the health insurance funds and for other parts not?

Andreas Podeswik: In the end, the provider has no choice but to acquire the necessary funds somewhere else. Whether this is via participant fees, donations or project promotions varies according to the institution. Overall it is positive that all offers for siblings so far have been dependent on such funds and that we have for the first time the possibility of subsidizing or refinancing. Therefore, this is a good development.

The ISPA, the Verbund für Geschwister and FamilyTies have joined forces to form an alliance for siblings. What can organizations that work with and for siblings expect?

Andreas Podeswik: The Alliance has set itself the task of supporting the spread of the SiblingCLUB with a great deal of effort. Interested organizations

are advised in the structure of the offers. New offers will be developed, tested and evaluated. And, of course, talks continue with the health insurance companies to further expand the possibilities of refinancing the offers of the SiblingCLUBs.



Current: In the middle of February, the AOK Plus Sachsen/ Thüringen has included the psychosocial work with siblings in regular funding. The agreement has been concluded with the Sonnenstrahl e.V., Dresden, which has developed an evaluated a sustainable concept within the framework of the network for siblings and the ISPA, the GeschwisterTREFF „Now it's my turn!“

► sity is between 70 and 150 EUR per insured. However, for the full course costs, 350 EUR for SuSi and 700 EUR for the SiblingTREFF are necessary for a full funding.

The question of financing is central to many providers of sibling courses. What is to be considered here, if e.g.

German Children's Association e.V.



Sandra Schopen

Siblings design projects and encounters themselves

For many years, the German Children's Association e.V. has been supporting siblings. The special is that you can not only participate in the projects but also design them by yourself.

It is only one major task of many in children's and youth education, but still a very important: to offer siblings places of encounters and exchanges. The siblings should share the experience of mourning, death and dying with other affected siblings, while at the same time reflecting their life situation, for example their role in the family. The various offers for different ages give you a community and solidarity with peers in similar life and everyday situations. The German Children's Association e.V. has one principle: the siblings are involved from the outset in the planning of the projects and thus contribute significantly to the content design.

„We have very good experi-

ences with siblings as speakers who report of their lives. Their insights can not be replaced by „expert knowledge“, says Sandra Schopen from the German Children's Association e.V.. Since February 2016, the graduate social pedagogue has been available for questions and concerns of siblings' children. Since more than 10 years she has been working for the German Children's Association e.V. and is familiar with the topic „siblings“.

Appointment tip:

„Twister“ – Seminar for siblings in Münster
15.-17.09.2017
Age: 9-15 years
Application deadline:
10.07.2017

„The naming – contact for siblings – is no coincidence, but an expression of the attitude of the association. „We would like to be approachable for siblings and see us on the same level with them.“ Sandra Schopen is at the side of the

“My life with Nadine was a roller coaster ride – Happiness moments followed sad times, but we were always a strong family.”

Christin, 29 years old - her sister Nadine has already died.

„As siblings we also get a voice. We are heard and taken seriously. It is also enriching with the other siblings experiences.“

Soukaina, 17 years old – her sister Nisrine is life-shortening diseased.

siblings, arranging contacts with other siblings and offers projects. Those are aimed for siblings of all ages, including adults. In addition, it offers the possibility of exchanges for those who deal with siblings in the professional or student context.

Contact details:

Sandra Schopen
Contact person for siblings
Telephone: 0151-46458092
Telefax: 02761-94129-60
sandra.schopen@
deutscher-kinderhospizverein.de
www.deutscher-kinderhospizverein.de/
ansprechpartnerin-fuer-geschwister/

FamilyTies sponsorship award 2017:

Apply now!

This year, non-profit organizations have once again the opportunity to apply for the „FamilyTies“ sponsorship award. We are looking for sibling offers in the categories „Innovative offers for adult siblings“ and „Promotion of the implementation of the SiblingCLUB care concept“.

Already for the sixth time, the FamilyTies Foundation is commending a sponsorship award for organizations

that practice active siblings work. The sponsorship award 2016 and 2017 will be put together to a „big“ price, with a total of € 15,000. This award is intended to promote offers for adult siblings and offerings, which are based on the care concept of the GeschwisterCLUBS.

Participation is open to institutions and organizations as well as to self-help groups, which provide at least one offer for siblings a year.

The application deadline is 07.05.2017.

For questions regarding the sponsorship award and the online application, please contact:
Institute of Social Medicine in Pediatrics, Augsburg (ISPA), c / o Bunterkreis GmbH
Isolde Stanczak 0821-4004920
isolde.stanczak@ispa.bunter-kreis.de

Brochure

How „disabled“ do you have to be to use „Spasti“ as an abuse?

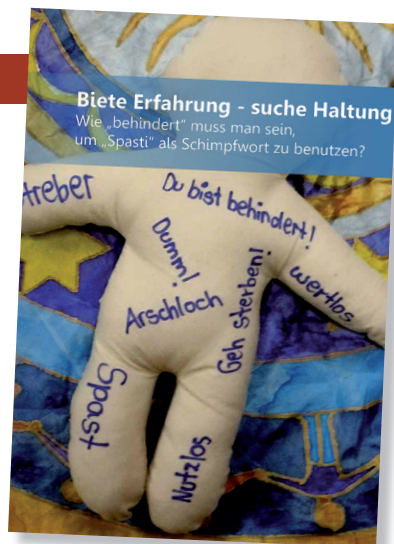
In my school, all the door latches were lowered and stairs replaced by ramps. It is said: „The barriers are overcome.“ But no! The barriers that really are the problem are those in the head, and they can not disappear.

Marlies Winkelheide's brochure „Offering experience – seeking attitude“ was developed together with the sibling council at various seminars and events in 2016 and serves as a „pre-brochure“ for a larger and more comprehensive one.

Sibling children report on their experiences, thoughts and feelings. The main focus is on the experiences in school and the way other healthy children deal with disability. For the sib-

ling children, bullying, anger or sadness are everyday experiences, which must be learned to deal with properly.

The brochure is aimed at sibling children and parents to give courage and hope and to show that they are not alone with their problems. Teachers and others who are not directly concerned are also approached and get an insight into the thoughts, feelings and problems of sibling children through the open and emotional reports.



FamilyTies Expert Meeting 2017

On **June 23/24, 2017**, the 5th FamilyTies Expert Meeting will take place in Nuremberg under the motto „sibling child for a lifetime“. You can register now. All further information can be found at www.stiftung-familienbande.de.

Registration FamilyTies Expert Meeting

COMMPartners GmbH & Co. KG
Sandra Wick
Tölzer Straße 12
83607 Holzkirchen
Tel.: 08024/4701312
Fax: 08024/4701320
SandraWick@commpartners.de



Sibling Olympics 2017

The FamilyTies Sibling Olympics 2017 will be held again this year as part of the Down-Sports Festival. Sibling pairs can compete against each other in different disciplines such as can throwing, goal wall shooting, skill picks or basketball. In the past few years, we have welcomed nearly 300 brothers and sisters and we would be very pleased to see a large number of siblings again facing the sporting challenges.

You can register at:
www.down-sportlerfestival.de.
We look forward to seeing you.

Date: May 20, 2017 in Frankfurt am Main

Literatur-Tipp



**Book tip from
Marlies Winkelheide:**

Like the light of an extinct star

By Nicole Boyle Rodnes

A love story and a story about friendships. A tragic accident at a class festival. The history of a person who subsequently suffers from aphasia. The search of a culprit and the difficulty of two sisters to deal with this accident. The relationshipchaos of the others; Retreats and new approaches to people who experience the same.

The „accidental“ finding the history of the accident, the sister as a perpetrator and the process of forgiveness and reconciliation, so that both can go their way again. Actually too many subjects – and yet ingeniously connected. Many controversial topics of young people are addressed; A complex and complicated sibling relationship in dealing with questions of guilt is very vividly described.

A novel that is captivatingly written and should be placed on every library of siblings.



**Stiftung
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Gemeinsam für Geschwister

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We value your opinion!

Please let us know what aspects of FamilyTies NEWSLETTER you have enjoyed or what could have been done better. If you would prefer not to receive the newsletter, please send a brief e-mail to:
info@stiftung-familienbande.de

Online survey in the network

Sibling Accompaniment: How are we set up?

How many affected siblings have participated in sibling offers so far? What offers are there? How are the offers financed? We have asked you, the network partners of the Foundation, in an online survey.

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As a foundation, we are faced with the question of how many siblings in Germany have so far received professional support. We were always able to refer only to the over 300 offers from 174 network partners in Germany, but we had no order of magnitude about the actual number of accompanying siblings and their families.

72 institutions were able to help us with their numbers. Thus we come in a cautious calculation to 25,000 siblings who have already participated in a sib-



Raffle of 10 Painting Case: Congratulations to the winners!

In the context of the FamilienBande online survey, we have raffled a painting case at 10 of the participating organizations. We would like to thank all the participants who supported our work with their figures and evaluations. We hope that the painting cases can be used well in working with siblings.

ling offer. Not included in this number is a non- profit organization which has carried out sibling work since 1995 and estimates that it has already provided support for about 42,000 siblings. Many organizations offer sibling days and sibling free times and reach a very large number of affected persons. Standardized offers like the SiblingCLUB (GeschwisterTREFF / SuSi), which are now refinanced by some health insurance companies, are offered by about 20% of the facilities.

According to the network, the offers are mainly funded (75%) on donations and participation fees (42%), only 16% fund their siblings' work with the support of health insurance funds.

How sibling offers can be financed through health insurance companies and what aspects need to be considered can be found on

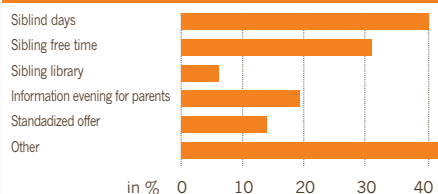
[www.ispa-bunterkreis.de/
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Also interesting was the question, since when the organizations invite to sibling offers. In the years 2010, 2013 and 2015 numerous institutions have started their work with siblings.

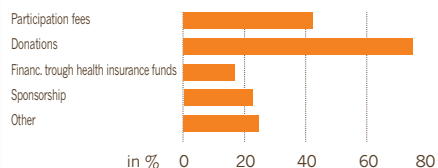
We would like to thank all the organizations that participated in the survey for their time and support.

Further results of our online survey are presented in our next newsletter. Here you can find out which other services FamilyTies likes to provide to families via the network partners, as well as for adult siblings..

What kind of sibling support do you offer?



How do you finance your offers?



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